

Session 1

DATE	TIME	Total Hours	MODULES	Type	Trainers
January 7	9:00am – 3:00pm	6 hours	Welcome/Module 1-2	In Person	
January 14	9:00am – 3:00pm	6 Hours	Modules 3-6	Zoom	
January 21	9:00am – 3:00pm	6 Hours	Modules 7-9	Zoom	
January 28	9:00am – 3:00pm	6 Hours	Modules 10-11/Closing	In Person	

Session 2

DATE	TIME	Total Hours	MODULES	Type	Trainers
February 4	9:00am – 3:00pm	6 hours	Welcome/Module 1-2	In Person	
February 11	9:00am – 3:00pm	6 Hours	Modules 3-6	Zoom	
February 18	9:00am – 3:00pm	6 Hours	Modules 7-9	Zoom	
February 25	9:00am – 3:00pm	6 Hours	Modules 10-11/Closing	In Person	

Session 3

DATE	TIME	Total Hours	MODULES	Type	Trainers
March 4	9:00am – 3:00pm	6 hours	Welcome/Module 1-2	In Person	
March 11	9:00am – 3:00pm	6 Hours	Modules 3-6	Zoom	
March 18	9:00am – 3:00pm	6 Hours	Modules 7-9	Zoom	
March 25	9:00am – 3:00pm	6 Hours	Modules 10-11/Closing	In Person	

Session 4

DATE	TIME	Total Hours	MODULES	Type	Trainers
April 8	9:00am – 3:00pm	6 hours	Welcome/Module 1-2	In Person	
April 15	9:00am – 3:00pm	6 Hours	Modules 3-6	Zoom	
April 22	9:00am – 3:00pm	6 Hours	Modules 7-9	Zoom	
April 29	9:00am – 3:00pm	6 Hours	Modules 10-11/Closing	In Person	

Session 5

DATE	TIME	Total Hours	MODULES	Type	Trainers
May 6	9:00am – 3:00pm	6 hours	Welcome/Module 1-2	In Person	
May 13	9:00am – 3:00pm	6 Hours	Modules 3-6	Zoom	
May 20	9:00am – 3:00pm	6 Hours	Modules 7-9	Zoom	
May 27	9:00am – 3:00pm	6 Hours	Modules 10-11/Closing	In Person	

Session 6

DATE	TIME	Total Hours	MODULES	Type	Trainers
June 3	9:00am – 3:00pm	6 hours	Welcome/Module 1-2	In Person	
June 10	9:00am – 3:00pm	6 Hours	Modules 3-6	Zoom	
June 17	9:00am – 3:00pm	6 Hours	Modules 7-9	Zoom	
June 24	9:00am – 3:00pm	6 Hours	Modules 10-11/Closing	In Person	

Session 7

DATE	TIME	Total Hours	MODULES	Type	Trainers
July 8	9:00am – 3:00pm	6 hours	Welcome/Module 1-2	In Person	
July 15	9:00am – 3:00pm	6 Hours	Modules 3-6	Zoom	
July 22	9:00am – 3:00pm	6 Hours	Modules 7-9	Zoom	
July 29	9:00am – 3:00pm	6 Hours	Modules 10-11/Closing	In Person	

Session 8

DATE	TIME	Total Hours	MODULES	Type	Trainers
August 5	9:00am – 3:00pm	6 hours	Welcome/Module 1-2	In Person	
August 12	9:00am – 3:00pm	6 Hours	Modules 3-6	Zoom	
August 19	9:00am – 3:00pm	6 Hours	Modules 7-9	Zoom	
August 26	9:00am – 3:00pm	6 Hours	Modules 10-11/Closing	In Person	

Session 9

DATE	TIME	Total Hours	MODULES	Type	Trainers
September 9	9:00am – 3:00pm	6 hours	Welcome/Module 1-2	In Person	
September 16	9:00am – 3:00pm	6 Hours	Modules 3-6	Zoom	
September 23	9:00am – 3:00pm	6 Hours	Modules 7-9	Zoom	
September 30	9:00am – 3:00pm	6 Hours	Modules 10-11/Closing	In Person	

Session 10

DATE	TIME	Total Hours	MODULES	Type	Trainers
October 7	9:00am – 3:00pm	6 hours	Welcome/Module 1-2	In Person	
October 14	9:00am – 3:00pm	6 Hours	Modules 3-6	Zoom	
October 21	9:00am – 3:00pm	6 Hours	Modules 7-9	Zoom	
October 28	9:00am – 3:00pm	6 Hours	Modules 10-11/Closing	In Person	

Session 11

DATE	TIME	Total Hours	MODULES	Type	Trainers
November 4	9:00am – 3:00pm	6 hours	Welcome/Module 1-2	In Person	
November 11	9:00am – 3:00pm	6 Hours	Modules 3-6	Zoom	
November 18	9:00am – 3:00pm	6 Hours	Modules 7-9	Zoom	
November 25	9:00am – 3:00pm	6 Hours	Modules 10-11/Closing	In Person	

Session 12

DATE	TIME	Total Hours	MODULES	Type	Trainers
December 2	9:00am – 3:00pm	6 hours	Welcome/Module 1-2	In Person	
December 9	9:00am – 3:00pm	6 Hours	Modules 3-6	Zoom	
December 16	9:00am – 3:00pm	6 Hours	Modules 7-9	Zoom	
December 30	9:00am – 3:00pm	6 Hours	Modules 10-11/Closing	In Person	