





Shelly Begay, Native American Liaison CYFD Virtual Resource Family Conference April 27, 2023

# CENTENNIAL CARE

Investing for tomorrow, delivering today.

## WHAT IS A MANAGED CARE ORGANIZATION

- An MCO is an insurance company that provides healthcare to its members
- There are 3 MCOs in Centennial Care
  - Blue Cross Blue Shield of New Mexico
  - Presbyterian
  - Western Skies

### Difference between Centennial Care and Fee For Service

Managed Care Service (Opt-In)- Means that the individuals is enrolled in managed care/ Internal Care . The Managed Care Organization (MCO) receives a monthly payment for each person enrolled in the plan.

Fee for Service FFS (Opt-Out)- A payment system where providers receive payment for each service they provide (such as an office visit, test, procedure). The consumer selects the doctor, hospital, or clinic and Medicaid pays for all or part of the cost, according to the fee schedule policy. (The provider /hospital must accept FFS consumers.)

<u>Native Americans</u> have the choice to enroll in an MCO (Opt-In) or remain in the Fee for Service program for their healthcare (Opt-out).

## WHY CHOOSE AN MCO?





Some Centennial Care members may get expanded care coordination through their MCO. This means they will get the help they need to be as healthy as they can be.



## VALUE ADDED SERVICES





#### **Value Added Benefits**

People enrolled in Centennial Care have access to Value Added Benefits that the MCO offers. Some examples are acupuncture, car seats, cribs, traditional healing benefit, etc.

















## TRADITIONAL MEDICINE BENEFIT





Blue Cross Community Centennial™

#### **Traditional Medicine Benefit**



Native American
Blue Cross Community
Centennial members are
eligible to receive a grant
for services provided by
a Traditional Healer.

#### How it works:

- Call 1-877-232-5518 to request the Traditional Medicine Benefit.
   If you are speech- or hearing-impaired, call 711 for TTY service.
- Blue Cross and Blue Shield of New Mexico (BCBSNM) will verify your information with minimal disruption to traditional practices and privacy.
- Eligible members will be sent a check for \$250 for traditional healing services.
- The Traditional Medicine Benefit is available one time per calendar year.
- Completion of a Health Risk Assessment (HRA) is required.
- Use of the Traditional Medicine Benefit for any other purpose may be considered fraud, waste, or abuse.

Do you need this document in another language?

Or do you need to speak with someone who can translate the information for you?

If so, please call Member Services toll-free at 1-866-689-1523. Members with hearing or speech loss can call the TTY/TDD line at 711.

## TRADITIONAL MEDICINE VALUE ADDED SERVICE

We know that Traditional Customs are a vital part of health and wellness to Native American people. We seek to honor and support your culture with the Traditional Medicine Value Added Service.

This Value Added Service can help you with \$300 once per calendar year (January 1 to December 31). This service is only available to Native American Centennial Care members.

PRESBYTERIAN
Centennial Care

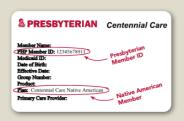
CARE PLAN

#### INSTRUCTIONS TO APPLY: (All information is required)

- · Complete the back side of this form.
- All sections MUST be filled in or the application will not be accepted.
- Your PresID member card must show "Centennial Care Native American." See example below.
   o If it does not, you must call or visit your Income Support Division (ISD) office to correct your information.
- To find an ISD location near you, call 1-800-283-4465 or visit https://www.hsd.state.nm.us/lookingforassistance/field\_offices\_1

#### All information below is required:

- ☑ Your full name: First, last name
- ☑ Your date of birth
- Your Presbyterian member ID number located on your Centennial Care Card (Not Medicaid ID Number)
- Your address: The address you used when you applied for Medicaid. (This is where the check will be mailed.)
- If your mailing address has changed, please contact the ISD Office to make any address changes.
- Your phone number: List the phone number where we can reach you if we have questions.



Acknowledgement: Print or sign your name and enter the date you signed the application.



## Western Sky Community Care has the benefits that you and your family want and need.

Your family's health means everything to you. That's why our coverage includes special programs and benefits to help you stay focused on your family's health.

In addition to comprehensive medical coverage, some of the core Centennial Care benefits include:



#### **Vision Benefits**

Take care of your eyes with exams and other services.



#### **Dental Services**

Protect your teeth with exams, cleanings and other dental care.



#### **Transportation Services**

Arrange Non-Emergency Medical Transportation (NEMT) for medically necessary, covered services, such as doctor appointments, dialysis and counseling appointments.



Western Sky Community Care members also receive the following benefits and services:



#### Traditional Healing Benefit

Reimbursement for Traditional Healing Services up to \$250, twice per year.



#### **Extra Dental Benefits**

Give children age 6 months to 3 years a healthy start with a fluoride varnish application during Early and Periodic Screening, Diagnostic and Treatment (EPSDT) visits.



#### Start Smart for Your Baby®

Our special program helps you take care of yourself and your new baby with useful information and support.



#### **Programs for Klds**

Get a \$30 credit per year, per child, toward the Boys & Girls Club membership fee for children 6-18 years of age.



#### **GED Preparation and Testing**

Receive vouchers to purchase official GED practice testing materials and to take tests.



#### Wellness & Emotional Support

Access to MyStrength, an online program that provides tools to help overcome depression and anxiety.

## NATIVE AMERICAN LIAISON

- Lead communication, outreach and relationshipbuilding efforts with New Mexico's Tribes, Nations, and Pueblos.
- Leads stakeholder meetings and participates in key committees, subcommittees and task forces related to Tribal priorities for HSD.
- Coordinate with all of HSD's program divisions, including Medicaid, Behavioral Health, Child Support, and Income Support to identify and understand priorities and opportunities to improve HSD programs and service delivery for Tribal communities.
- Coordinate with other sister agencies to meet the needs of tribes and or HSD priorities.

#### **HSD Tribal Liaisons**



Shelly Begay, MS, MILS, HSD-OOS



Colinda Vallo, MSW-BHSD



Theresa Belanger, BSW, MA- MAD



# QUESTIONS?

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