

NM FIESTA Events & Trainings REGION 1

MAY 2026



The NM FIESTA Project managed by All Faiths Children's Advocacy Center focuses on creating a support system for all resource, kinship, and adoptive families in New Mexico through networking events, training, and connection to resources. All services are free of charge. For more information about the NM FIESTA Project please contact Katie Bustamante, NM FIESTA Project Statewide Supervisor, at kbustamante@allfaiths.org or 505-918-0221.



MAY 12, 2026



7PM-9PM



TELECONFERENCE
(Region 1)

NM FIESTA Project: Communication with an Acting Out Child (Foster, Adoptive, and Guardianship Family Support Group)

Event description: This training helps foster and adoptive parents understand attachment—the emotional bond between child and caregiver—and how early experiences of loss, neglect, or instability can disrupt it. Healthy attachment is characterized by a child's ability to seek comfort from a caregiver, trust that their needs will be met, and develop secure relationships. Disrupted or insecure attachment may manifest as difficulty trusting adults, fear of abandonment, clingy behavior, emotional withdrawal, or challenging behaviors that push caregivers away. The training teaches parents to recognize attachment styles, understand that difficult behaviors often stem from fear rather than defiance, and use trauma-informed parenting strategies like consistency, predictability, patience, and unconditional emotional support to rebuild trust.

Contact Katie Bustamante at 505-918-0221 or kbustamante@allfaiths.org for more information and/or event details. An email will be sent following registration with more information. Training certificates will be emailed to families following the event.



MAY 15, 2026



6PM- 8PM



TELECONFERENCIA
(a nivel estatal,
ALL REGIONS)

NM FIESTA Project: construyendo apegos saludables (Grupo de apoyo para familias de acogida, adoptivas y de tutela)

Event description: Los grupos de apoyo desempeñan un papel fundamental en la vida de las familias de acogida, adopción y tutela. Estos grupos ofrecen un espacio único donde personas con experiencias y desafíos similares pueden reunirse, compartir experiencias y encontrar fortaleza en la comunidad. Al brindar apoyo emocional, recursos prácticos y un sentido de comunidad, ayudan a fortalecer a las familias, empoderar a los cuidadores, fomentar la resiliencia y fomentar dinámicas familiares positivas. Estamos todos juntos en esto.

Para más información o detalles del evento, comuníquese con Liza Maldonado al 505-277-2182 o a lmaldonado@allfaiths.org. Tras registrarse en línea, las familias recibirán un correo electrónico con más información. Es gratuito.

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**Children, Youth &
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STATE OF NEW MEXICO

NM FIESTA Events & Trainings

REGION 1

 MAY 16, 2026


 7PM-9PM

 TELECONFERENCE
(Region 1)

NM FIESTA Project: Why is Self-Care Important? (Foster, Adoptive, and Guardianship Family Support Group)

Event description: Support groups play a vital role in the lives of foster, adoptive, and guardianship families. These groups provide a unique space where individuals facing similar experiences and challenges can come together, share experiences, and find strength in community. By providing emotional support, practical resources, and a sense of community, it helps to strengthen families, empower caregivers, nurture resilience, and foster positive family dynamics. We are all in this together.

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 MAY 19, 2026

 7PM-9PM

 TELECONFERENCE
(Region 1)

NM FIESTA Project Training: Healing from Trauma

Event description: This training helps foster and adoptive parents understand childhood trauma—including neglect, abuse, loss, and instability—and its profound effects on brain development, behavior, and emotional regulation. Trauma can manifest as hypervigilance, emotional dysregulation, aggression, withdrawal, nightmares, or difficulty trusting adults. Parents learn that traumatized children’s “difficult” behaviors are survival responses, not intentional misbehavior, which shifts how they respond with compassion rather than punishment. The training covers trauma-informed parenting strategies including creating safety and predictability, validating emotions, teaching co-regulation skills, maintaining patience during setbacks, and avoiding triggers when possible.

Contact Katie Bustamante at 505-918-0221 or kbustamante@allfaiths.org for more information and/or event details. An email will be sent following registration with more information. Training certificates will be emailed to families following the event.

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NM FIESTA Events & Trainings

REGION 1

 MAY 27, 2026

 6PM-8PM

 TELECONFERENCE
(Region 1)

NM FIESTA Project: Communication with an Acting Out Child (Foster, Adoptive, and Guardianship Family Support Group)

Event description: Support groups play a vital role in the lives of foster, adoptive, and guardianship families. These groups provide a unique space where individuals facing similar experiences and challenges can come together, share experiences, and find strength in community. By providing emotional support, practical resources, and a sense of community, it helps to strengthen families, empower caregivers, nurture resilience, and foster positive family dynamics. We are all in this together.

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**Children, Youth &
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NM FIESTA Events & Trainings

REGION 2

MAY 2026



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 MAY 9, 2026

NM FIESTA Project: Grief and Loss in Foster Care and Adoption (Foster, Adoptive, and Guardianship Family Support Group)

 10:30AM-12:30PM

 TELECONFERENCE
(Region 2)

Event description Support groups play a vital role in the lives of foster, adoptive, and guardianship families. These groups provide a unique space where individuals facing similar experiences and challenges can come together, share experiences, and find strength in community. By providing emotional support, practical resources, and a sense of community, it helps to strengthen families, empower caregivers, nurture resilience, and foster positive family dynamics. We are all in this together.

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 MAY 9, 2026

 2:30PM-4:30PM

 TELECONFERENCE
(Region 2)

NM FIESTA Project: Grief and Loss in Foster Care and Adoption (Foster, Adoptive, and Guardianship Family Support Group)

Event description Support groups play a vital role in the lives of foster, adoptive, and guardianship families. These groups provide a unique space where individuals facing similar experiences and challenges can come together, share experiences, and find strength in community. By providing emotional support, practical resources, and a sense of community, it helps to strengthen families, empower caregivers, nurture resilience, and foster positive family dynamics. We are all in this together.

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NM FIESTA Events & Trainings

REGION 2



MAY 12, 2026



7PM- 9PM



TELECONFERENCE
(Region 2)

NM FIESTA Project Training: Healthy vs. Disrupted Attachments

Event description: This training helps foster and adoptive parents understand attachment—the emotional bond between child and caregiver—and how early experiences of loss, neglect, or instability can disrupt it. Healthy attachment is characterized by a child’s ability to seek comfort from a caregiver, trust that their needs will be met, and develop secure relationships. Disrupted or insecure attachment may manifest as difficulty trusting adults, fear of abandonment, clingy behavior, emotional withdrawal, or challenging behaviors that push caregivers away. The training teaches parents to recognize attachment styles, understand that difficult behaviors often stem from fear rather than defiance, and use trauma-informed parenting strategies like consistency, predictability, patience, and unconditional emotional support to rebuild trust.

Note to add: Contact Katie Bustamante at 505-918-0221 or kbustamante@allfaiths.org for more information and/or event details. An email will be sent following registration with more information. Training certificates will be emailed to families following the event.



MAY 15, 2026



6PM- 8PM



TELECONFERENCIA
(a nivel estatal,
ALL REGIONS)

NM FIESTA Project: construyendo apegos saludables (Grupo de apoyo para familias de acogida, adoptivas y de tutela)

Event description: Los grupos de apoyo desempeñan un papel fundamental en la vida de las familias de acogida, adopción y tutela. Estos grupos ofrecen un espacio único donde personas con experiencias y desafíos similares pueden reunirse, compartir experiencias y encontrar fortaleza en la comunidad. Al brindar apoyo emocional, recursos prácticos y un sentido de comunidad, ayudan a fortalecer a las familias, empoderar a los cuidadores, fomentar la resiliencia y fomentar dinámicas familiares positivas. Estamos todos juntos en esto.

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NM FIESTA Events & Trainings

REGION 2



MAY 23, 2026



2PM- 4PM



TELECONFERENCE
(Region 2)

NM FIESTA Project: Animal Therapy (Foster, Adoptive, and Guardianship Family Support Group)

Event description: Support groups play a vital role in the lives of foster, adoptive, and guardianship families. These groups provide a unique space where individuals facing similar experiences and challenges can come together, share experiences, and find strength in community. By providing emotional support, practical resources, and a sense of community, it helps to strengthen families, empower caregivers, nurture resilience, and foster positive family dynamics. We are all in this together. Contact Katie Bustamante at 505-918-0221 or kbustamante@allfaiths.org for more information and/or event details. An email will be sent following registration with more information. Training certificates will be emailed to families following the event.

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NM FIESTA Events & Trainings REGION 3

MAY 2026



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 MAY 7, 2026

 7AM-9AM

 TELECONFERENCE
(Region 3)

NM FIESTA Project: Dealing with Burnout and Compassion Fatigue (Foster, Adoptive, and Guardianship Family Support Group)

Event Description: Event Support groups play a vital role in the lives of foster, adoptive, and guardianship families. These groups provide a unique space where individuals facing similar experiences and challenges can come together, share experiences, and find strength in community. By providing emotional support, practical resources, and a sense of community, it helps to strengthen families, empower caregivers, nurture resilience, and foster positive family dynamics. We are all in this together.

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 MAY 15, 2026

 6PM- 8PM

 TELECONFERENCIA
(a nivel estatal,
ALL REGIONS)

NM FIESTA Project: construyendo apegos saludables (Grupo de apoyo para familias de acogida, adoptivas y de tutela)

Event description: Los grupos de apoyo desempeñan un papel fundamental en la vida de las familias de acogida, adopción y tutela. Estos grupos ofrecen un espacio único donde personas con experiencias y desafíos similares pueden reunirse, compartir experiencias y encontrar fortaleza en la comunidad. Al brindar apoyo emocional, recursos prácticos y un sentido de comunidad, ayudan a fortalecer a las familias, empoderar a los cuidadores, fomentar la resiliencia y fomentar dinámicas familiares positivas. Estamos todos juntos en esto.

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STATE OF NEW MEXICO

NM FIESTA Events & Trainings

REGION 3

 MAY 21 2026

 7PM-9PM

 TELECONFERENCE
(Region 3)

NM FIESTA Project: Attachment and Bonding Challenges (Foster, Adoptive, and Guardianship Family Support Group)

Event description: Support groups play a vital role in the lives of foster, adoptive, and guardianship families. These groups provide a unique space where individuals facing similar experiences and challenges can come together, share experiences, and find strength in community. By providing emotional support, practical resources, and a sense of community, it helps to strengthen families, empower caregivers, nurture resilience, and foster positive family dynamics. We are all in this together.

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 MAY 28, 2026

 7PM-9PM

 TELECONFERENCE
(Region 3)

NM FIESTA Project Training: Navigating Identity, Loss, and Belonging

Event description: This training helps foster and adoptive parents understand the complex emotional landscape their children navigate—including questions about identity, grief over loss, and the search for belonging. Children in foster care and adoption often grapple with multiple identities (biological, adoptive, cultural, racial), questions about their origins and “why” they were placed, and grief that may emerge unexpectedly throughout their lives. Parents learn that loss is ongoing—loss of biological family, familiar culture, continuity, and sometimes identity—and that children need space to process these feelings without shame or dismissal. The training emphasizes the importance of honoring a child’s full story, main-taining connections to their heritage and culture when possible, and being open to conversations about adoption, foster care, and biological family without fear or defensiveness.

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NM FIESTA Events & Trainings REGION 4

MAY 2026



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 MAY 6, 2026

 7PM-9PM

 TELECONFERENCE
(Region 4)

NM FIESTA Project Training: Organizing Hacks for Families

Event description: This training equips foster and adoptive parents with practical strategies to create organized, calm homes that support children's emotional security and development. Organization is especially important for children with trauma histories, as it provides predictability and safety. The training covers essential systems including visual schedules, room organization with clear zones and labels, chore charts, document management, and strategies tailored to children with special needs. Key principles include involving children in creating systems, starting small, using visual aids and picture labels, and maintaining flexibility as family needs change.

Contact Katie Bustamante at 505-918-0221 or kbustamante@allfaiths.org for more information and/or event details. An email will be sent following registration with more information. Training certificates will be emailed to families following the event.

 MAY 9 2026

 7PM-9PM

 TELECONFERENCE
(Region 4)

NM FIESTA Project: Creating Safety in Routine (Foster, Adoptive, and Guardianship Family Support Group)

Event description: Support groups play a vital role in the lives of foster, adoptive, and guardianship families. These groups provide a unique space where individuals facing similar experiences and challenges can come together, share experiences, and find strength in community. By providing emotional support, practical resources, and a sense of community, it helps to strengthen families, empower caregivers, nurture resilience, and foster positive family dynamics. We are all in this together.

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Sponsored By:



NM FIESTA Events & Trainings

REGION 4

 MAY 15, 2026

 6PM- 8PM

 TELECONFERENCIA
(a nivel estatal,
ALL REGIONS)

NM FIESTA Project: construyendo apegos saludables (Grupo de apoyo para familias de acogida, adoptivas y de tutela)

Event description: Los grupos de apoyo desempeñan un papel fundamental en la vida de las familias de acogida, adopción y tutela. Estos grupos ofrecen un espacio único donde personas con experiencias y desafíos similares pueden reunirse, compartir experiencias y encontrar fortaleza en la comunidad. Al brindar apoyo emocional, recursos prácticos y un sentido de comunidad, ayudan a fortalecer a las familias, empoderar a los cuidadores, fomentar la resiliencia y fomentar dinámicas familiares positivas. Estamos todos juntos en esto.

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NM FIESTA Project: Managing Stress (Foster, Adoptive, and Guardianship Family Support Group)

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 MAY 19 2026

 6PM-8PM

 TELECONFERENCE
(Region 4)

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STATE OF NEW MEXICO

NM FIESTA Events & Trainings

REGION 5

MAY 2026



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 MAY 15, 2026

 6PM- 8PM

 TELECONFERENCIA
(a nivel estatal,
ALL REGIONS)

NM FIESTA Project: construyendo apegos saludables (Grupo de apoyo para familias de acogida, adoptivas y de tutela)

Event description: Los grupos de apoyo desempeñan un papel fundamental en la vida de las familias de acogida, adopción y tutela. Estos grupos ofrecen un espacio único donde personas con experiencias y desafíos similares pueden reunirse, compartir experiencias y encontrar fortaleza en la comunidad. Al brindar apoyo emocional, recursos prácticos y un sentido de comunidad, ayudan a fortalecer a las familias, empoderar a los cuidadores, fomentar la resiliencia y fomentar dinámicas familiares positivas. Estamos todos juntos en esto.

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NM FIESTA Project: Summertime Routines (Foster, Adoptive, and Guardianship Family Support Group)

Event Description: Support groups play a vital role in the lives of foster, adoptive, and guardianship families. These groups provide a unique space where individuals facing similar experiences and challenges can come together, share experiences, and find strength in community. By providing emotional support, practical resources, and a sense of community, it helps to strengthen families, empower caregivers, nurture resilience, and foster positive family dynamics. We are all in this together.

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 MAY 23, 2026

 1PM-3PM

 TELECONFERENCE
(Region 5)

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NM FIESTA Events & Trainings

REGION 5



MAY 27, 2026



7PM-9PM



TELECONFERENCE
(Region 5)

NM FIESTA Project Training: Effective Communication Strategies for Parents

Event description: This training equips foster and adoptive parents with evidence-based communication techniques to build trust, reduce conflicts, and strengthen relationships with their children. Effective communication includes active listening (fully attending without judgment), validating emotions (“I see you’re upset”), using clear and calm language, and avoiding blame or criticism that shame children. Parents learn to ask open-ended questions, get curious about behavior rather than reactive, and use “I” statements to express concerns without defensiveness. The training covers age-appropriate explanations, the importance of following through on words with actions, and how to communicate during high-stress moments—often requiring parents to calm their own nervous systems first.

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NM FIESTA Project: Cycles of Grief (Foster, Adoptive, and Guardianship Family Support Group)

Event description: Support groups play a vital role in the lives of foster, adoptive, and guardianship families. These groups provide a unique space where individuals facing similar experiences and challenges can come together, share experiences, and find strength in community. By providing emotional support, practical resources, and a sense of community, it helps to strengthen families, empower caregivers, nurture resilience, and foster positive family dynamics. We are all in this together.

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MAY 30, 2026



1PM-3PM



TELECONFERENCE
(Region 5)

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